

REGISTERED COMPANY NUMBER: SC398219 (Scotland)
REGISTERED CHARITY NUMBER: SC010937

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2019
for
Stirling and District Women's Aid

Drummond Laurie CA
Unit 5
Gateway Business Park
Beancross Road
Grangemouth
FK3 8WX

Stirling and District Women's Aid

Contents of the Financial Statements
for the Year Ended 31 March 2019

	Page
Reference and Administrative Details	1
Report of the Trustees	2 to 4
Independent Examiner's Report	5
Statement of Financial Activities	6
Balance Sheet	7 to 8
Notes to the Financial Statements	9 to 14
Detailed Statement of Financial Activities	15 to 16

Stirling and District Women's Aid

Reference and Administrative Details
for the Year Ended 31 March 2019

TRUSTEES

Ms K Baker (resigned 8.11.18)
Dr G Flint
Ms C Holden
Dr A Jasper (resigned 8.11.18)
Ms J M Myles (resigned 8.11.18)
Dr K Neumann
Ms R MacColl
Ms C McKeown
Dr Y Lin (appointed 18.4.18)
Ms J W Sciascia (appointed 18.4.18) (resigned 4.11.18)
Ms Y Wilson (appointed 18.4.18)
Ms C Bernardi (appointed 8.11.18)

COMPANY SECRETARY

Ms J M Lindohf

REGISTERED OFFICE

Unit 7
Stirling Arcade
Stirling
FK8 1AX

REGISTERED COMPANY NUMBER

SC398219 (Scotland)

REGISTERED CHARITY NUMBER

SC010937

INDEPENDENT EXAMINER

Drummond Laurie CA
Unit 5
Gateway Business Park
Beancross Road
Grangemouth
FK3 8WX

Stirling and District Women's Aid

Report of the Trustees
for the Year Ended 31 March 2019

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2019. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Stirling and District Women's Aid is a voluntary organisation which provides support to women and who are experiencing or have experienced domestic abuse and to children from families where domestic abuse occurs. Stirling and District Women's Aid provides support, assistance and advocacy for women, children and young people affected by domestic abuse.

Significant activities

It provides:

Temporary accommodation for women with and without children

Information, and support for women in relation to domestic abuse

Advocacy for women in relation to domestic abuse

Support for children and young people aged 18 and under who are affected directly or indirectly by domestic abuse

Outreach support for families experiencing domestic abuse

Stirling and District Women's Aid

Report of the Trustees for the Year Ended 31 March 2019

ACHIEVEMENT AND PERFORMANCE

Stirling and District Women's Aid have continued to provide a service to a large number of women and children this year. In the last 5 years we have experienced large increases in the number of people we supported and from providing support to 367 women in 2012-13 we now work with 3 times as many individuals. Over the year 2018-2019:

1023 women received support from our services
150 women had not used the service before
5024 visits to the service by service users
77 requests for refuge
31 women and 42 children were housed in refuge
3113 one to one support hours delivered
96 Children have been receiving one to one support from a children's worker
247 professional trained and awareness raising delivered to over 300 people

This is the first year of our ~~refunded~~ ^{re-funded} 3-year Lottery Funded Family Outreach Programme and the programme has expanded over the years and is covering all of the rural areas and the eastern villages. The programme has worked with approximately 70 families in the year.

Our IDAA (Independent domestic abuse advocacy) project works with high risk women through advocacy, Marac and Matak support and working with partner agencies to lower the risk for these high risk women. The project is going well and have been working with 53 women this year, made 35 Marac referrals and 68% of the women supported report feeling safer as a result.

This year we have also been running a prevention service working with women in prison in Cornton Vale on one hand and providing training and awareness raising on the other. This project has supported approximately 35 women in the prison in a one to one capacity. In the other part of the prevention project we have delivered a large amount of training and awareness raising providing training to a wide variety of agencies. We have provided training to social services, housing services, community safety, youth work as well as multi agency training. We have also delivered projects and awareness in schools this year and have reached large number of pupils through this. We have trained 245 professionals this year and provided awareness raising sessions to over 300 individuals.

Through joint work with Citizens Advice, we have continued to run the domestic abuse specific legal service (DATA project), which is hosted by the Citizens Advice. This project provides a Family Solicitor who provides legal advice and representation to women and children experiencing domestic abuse as well as a dedicated worker supporting women with complex benefit appeals, housing appeals etc.

We are very grateful to our funding providers who enable us to provide the service we deliver. We have over this year been funded by Stirling Council, Scottish Government's Children's Fund, Scottish Government Women's Fund, The Big Lottery Fund, and many individuals and groups who raise money for us. We very much value the many individual donations we receive from individuals and agencies and recognise that without this support we would not be able to deliver the service.

FINANCIAL REVIEW

Reserves policy

The restricted funds received during the period were used for the specific purposes laid down by the donors. The remaining general fund which is the free reserves of the charity, represents the unrestricted funds arising from the organisation's past operating results. We have now reached a sufficient level of reserves to support three months' operating costs and any necessary refurbishment of the refuges

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

The company continues to actively seek new board members with relevant experience. During the period 3 new board members were recruited. Recruitment is through open and targeted means and by application and interview.

Stirling and District Women's Aid

Report of the Trustees
for the Year Ended 31 March 2019

COMMENCEMENT OF ACTIVITIES

Stirling Women's Aid operated as a collective between its start in 1976 and 2011. On the 1st June 2011 the organisation became a company Limited By Guarantee and changed its name to Stirling & District Womens Aid. It is a registered charity.

Approved by order of the board of trustees on ~~24 September~~ 2019 and signed on its behalf by:

7 November GF



Dr G Flint - Trustee

Independent Examiner's Report to the Trustees of
Stirling and District Women's Aid

I report on the accounts for the year ended 31 March 2019 set out on pages six to fourteen.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity's trustees consider that the audit requirement of Regulation 10(1)(a) to (c) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under Section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006 (as amended). An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
 - to keep accounting records in accordance with Section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations; and
 - to prepare accounts which accord with the accounting records and to comply with Regulation 8 of the 2006 Accounts Regulations

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Mrs Mary Jack
CA
Drummond Laurie CA
Unit 5
Gateway Business Park
Beancross Road
Grangemouth
FK3 8WX

24 September 2019

Stirling and District Women's Aid

Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the Year Ended 31 March 2019

	Notes	Unrestricted fund £	Restricted funds £	31.3.19 Total funds £	31.3.18 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		2,741	(2)	2,739	9,898
Charitable activities					
Children & Young People		-	74,064	74,064	74,064
Womens Support		138,028	-	138,028	151,831
Refuge		90,954	-	90,954	83,413
Lottery Outreach Programme		-	60,799	60,799	71,712
Comic Relief		-	32,261	32,261	29,351
Prevention		-	50,146	50,146	39,453
Investment income	2	6,795	-	6,795	7,410
Total		<u>238,518</u>	<u>217,268</u>	<u>455,786</u>	<u>467,132</u>
EXPENDITURE ON					
Raising funds		228	-	228	567
Charitable activities					
Children & Young People		-	74,812	74,812	81,993
Womens Support		114,114	-	114,114	136,934
Refuge		22,813	-	22,813	13,819
Lottery Outreach Programme		-	62,787	62,787	74,561
Comic Relief		-	36,723	36,723	33,456
Prevention		-	57,272	57,272	39,478
Other		87,416	-	87,416	79,411
Total		<u>224,571</u>	<u>231,594</u>	<u>456,165</u>	<u>460,219</u>
NET INCOME/(EXPENDITURE)		<u>13,947</u>	<u>(14,326)</u>	<u>(379)</u>	<u>6,913</u>
Transfers between funds	9	<u>(14,326)</u>	<u>14,326</u>	<u>-</u>	<u>-</u>
Net movement in funds		<u>(379)</u>	<u>-</u>	<u>(379)</u>	<u>6,913</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>101,467</u>	<u>-</u>	<u>101,467</u>	<u>94,554</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>101,088</u></u>	<u><u>-</u></u>	<u><u>101,088</u></u>	<u><u>101,467</u></u>

The notes form part of these financial statements

Stirling and District Women's Aid

Balance Sheet
At 31 March 2019

	Notes	Unrestricted fund £	Restricted funds £	31.3.19 Total funds £	31.3.18 Total funds £
FIXED ASSETS					
Tangible assets	6	1,469	-	1,469	1,286
CURRENT ASSETS					
Debtors	7	19,434	-	19,434	6,412
Cash at bank and in hand		111,633	-	111,633	104,604
		131,067	-	131,067	111,016
CREDITORS					
Amounts falling due within one year	8	(31,448)	-	(31,448)	(10,835)
NET CURRENT ASSETS					
		99,619	-	99,619	100,181
TOTAL ASSETS LESS CURRENT LIABILITIES					
		101,088	-	101,088	101,467
NET ASSETS					
		101,088	-	101,088	101,467
FUNDS					
Unrestricted funds	9			101,088	101,467
Restricted funds				-	-
TOTAL FUNDS					
				101,088	101,467

The notes form part of these financial statements

Stirling and District Women's Aid

Balance Sheet - continued

At 31 March 2019

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2019.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2019 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

R MacColl
7 November 2019

The financial statements were approved by the Board of Trustees on ~~24 September~~ 2019 and were signed on its behalf by:



Dr G Flint -Trustee



Ms R MacColl -Trustee

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Office equipment - 25% on reducing balance

Tangible fixed assets are stated at cost less depreciation. Cost represent purchase price together with any incidental costs of acquisition.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. INVESTMENT INCOME

	31.3.19	31.3.18
	£	£
Rents received	6,647	7,315
Deposit account interest	148	95
	<u>6,795</u>	<u>7,410</u>

3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.19	31.3.18
	£	£
Depreciation - owned assets	<u>415</u>	<u>431</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2019 nor for the year ended 31 March 2018 .

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2019 nor for the year ended 31 March 2018 .

5. STAFF COSTS

The average monthly number of employees during the year was as follows:

31.3.19	31.3.18
<u>9</u>	<u>9</u>

No employees received emoluments in excess of £60,000.

During the year there was an average of 12 (2018: 12) staff equating to 9 (2018: 9) full time equivalent staff.

6. TANGIBLE FIXED ASSETS

	Office equipment £
COST	
At 1 April 2018	2,495
Additions	598
	<u> </u>
At 31 March 2019	3,093
	<u> </u>
DEPRECIATION	
At 1 April 2018	1,209
Charge for year	415
	<u> </u>
At 31 March 2019	1,624
	<u> </u>
NET BOOK VALUE	
At 31 March 2019	1,469
	<u> </u>
At 31 March 2018	1,286
	<u> </u>

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.19 £	31.3.18 £
Trade debtors	12,650	-
Other debtors	120	78
Prepayments	6,664	6,334
	<u> </u>	<u> </u>
	19,434	6,412
	<u> </u>	<u> </u>

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.19 £	31.3.18 £
Trade creditors	(245)	(1,567)
Social security and other taxes	6,643	6,357
Other creditors	22,042	2,449
Accrued expenses	3,008	3,596
	<u> </u>	<u> </u>
	31,448	10,835
	<u> </u>	<u> </u>

Other creditors include deferred grants of £20,266 (2018 - £1,000).

9. MOVEMENT IN FUNDS

	At 1.4.18 £	Net movement in funds £	Transfers between funds £	At 31.3.19 £
Unrestricted funds				
General fund	101,467	13,947	(14,326)	101,088
Restricted funds				
Children & Young persons	-	(749)	749	-
Lottery	-	(1,988)	1,988	-
Comic Relief	-	(4,463)	4,463	-
Prevention	-	(7,126)	7,126	-
	-	(14,326)	14,326	-
TOTAL FUNDS	<u>101,467</u>	<u>(379)</u>	<u>-</u>	<u>101,088</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	238,518	(224,571)	13,947
Restricted funds			
Children & Young persons	74,063	(74,812)	(749)
Lottery	60,799	(62,787)	(1,988)
Comic Relief	32,260	(36,723)	(4,463)
Prevention	50,146	(57,272)	(7,126)
	217,268	(231,594)	(14,326)
TOTAL FUNDS	<u>455,786</u>	<u>(456,165)</u>	<u>(379)</u>

9. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.17 £	Net movement in funds £	Transfers between funds £	At 31.3.18 £
Unrestricted Funds				
General fund	91,799	22,743	(13,075)	101,467
Restricted Funds				
Children & Young persons	-	(8,851)	8,851	-
Lottery	2,324	(2,849)	525	-
Comic Relief	106	(3,805)	3,699	-
Prevention	325	(325)	-	-
	<u>2,755</u>	<u>(15,830)</u>	<u>13,075</u>	<u>-</u>
TOTAL FUNDS	<u>94,554</u>	<u>6,913</u>	<u>-</u>	<u>101,467</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	252,554	(229,811)	22,743
Restricted funds			
Children & Young persons	74,062	(82,913)	(8,851)
Lottery	71,712	(74,561)	(2,849)
Comic Relief	29,351	(33,156)	(3,805)
Prevention	39,453	(39,778)	(325)
	<u>214,578</u>	<u>(230,408)</u>	<u>(15,830)</u>
TOTAL FUNDS	<u>467,132</u>	<u>(460,219)</u>	<u>6,913</u>

Stirling and District Women's Aid

Notes to the Financial Statements - continued
for the Year Ended 31 March 2019

9. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.17 £	Net movement in funds £	Transfers between funds £	At 31.3.19 £
Unrestricted funds				
General fund	91,799	36,690	(27,401)	101,088
Restricted funds				
Children & Young persons	-	(9,600)	9,600	-
Lottery	2,324	(4,837)	2,513	-
Comic Relief	106	(8,268)	8,162	-
Prevention	325	(7,451)	7,126	-
	<u>2,755</u>	<u>(30,156)</u>	<u>27,401</u>	<u>-</u>
TOTAL FUNDS	<u>94,554</u>	<u>6,534</u>	<u>-</u>	<u>101,088</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	491,072	(454,382)	36,690
Restricted funds			
Children & Young persons	148,125	(157,725)	(9,600)
Lottery	132,511	(137,348)	(4,837)
Comic Relief	61,611	(69,879)	(8,268)
Prevention	89,599	(97,050)	(7,451)
	<u>431,846</u>	<u>(462,002)</u>	<u>(30,156)</u>
TOTAL FUNDS	<u>922,918</u>	<u>(916,384)</u>	<u>6,534</u>

The Children and Young Persons Fund is a targeted programme working with children and young people experiencing domestic abuse.

The Lottery Funding is an outreach programme working with families moving on from domestic abuse.

The Comic relief fund relates to the work of the Independent Domestic Abuse Advocate IDAA which works with service users with a high risk of being seriously harmed through domestic abuse.

The Prevention service relates to working with women in prison in Cornton Vale on one hand and providing training and awareness raising on the other.

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2019.

Stirling and District Women's Aid

Detailed Statement of Financial Activities
for the Year Ended 31 March 2019

	31.3.19	31.3.18
	£	£
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	2,713	9,257
Gift aid	26	641
	<hr/>	<hr/>
	2,739	9,898
Investment income		
Rents received	6,647	7,315
Deposit account interest	148	95
	<hr/>	<hr/>
	6,795	7,410
Charitable activities		
IDAA	32,261	29,351
Womens support income	138,028	151,831
Children & young people income	74,064	74,064
Rent	88,312	81,948
Tenant contributions	2,642	1,465
Lottery outreach programme	60,799	71,712
Prevention	50,146	39,453
	<hr/>	<hr/>
	446,252	449,824
Total incoming resources	<hr/>	<hr/>
	455,786	467,132
EXPENDITURE		
Other trading activities		
Fundraising expenses	228	567
Charitable activities		
Wages	269,547	266,917
Social security	22,538	21,949
Rent, rates & water	1,409	9,075
Insurance	600	600
Light and heat	5,387	2,837
Telephone	447	1,307
Advertising	-	2,932
Travel & subsistence	635	379
Meetings & outings	6,241	5,867
Xmas, gifts and play equipment	804	2,162
Cleaning & laundry	4,957	5,459
Refuge repairs and equipment	15,015	21,728
One to one support for families	2,399	3,793
Carried forward	329,979	345,005

This page does not form part of the statutory financial statements

Stirling and District Women's Aid

Detailed Statement of Financial Activities
for the Year Ended 31 March 2019

	31.3.19	31.3.18
	£	£
Charitable activities		
Brought forward	329,979	345,005
Resettlement and moving	1,794	1,709
Staff training	14,590	2,925
Maintenance & software	2,134	994
Staff recruitment	1,816	752
Volunteers	1,143	2,953
Training to families	-	1,034
Donations to individuals	54	308
	<hr/>	<hr/>
	351,510	355,680
Support costs		
Management		
Wages	30,602	26,896
Social security	1,227	1,106
Pensions	9,043	7,622
Rent, rates & water	13,200	13,200
Insurance	3,088	2,875
Light and heat	6,385	5,685
Telephone & internet	8,591	10,881
Postage, stationery & photocopying	6,609	2,460
Advertising	930	539
Staff travel & subsistence	8,409	6,359
Affiliation fees	4,389	4,121
Maintenance & software	2,512	1,002
Depreciation of tangible and heritage assets	415	431
	<hr/>	<hr/>
	95,400	83,177
Other		
Office refurbishment	2,668	5,485
Governance costs		
Accountancy fees	1,475	1,452
Legal fees	1,632	1,958
Professional fees	3,252	11,900
	<hr/>	<hr/>
	6,359	15,310
	<hr/>	<hr/>
Total resources expended	456,165	460,219
	<hr/>	<hr/>
Net (expenditure)/income	(379)	6,913
	<hr/> <hr/>	<hr/> <hr/>

This page does not form part of the statutory financial statements